

Top Tips for household electricity saving



Electricity costs are a large component of your household bills. In fact, the use of electricity in the home accounts for approximately one third of the total electricity use in Ireland.

However, reducing your electricity use is actually very simple. Try the top tips provided here over the next few weeks and months and use your display monitor to see how much electricity you are saving.

Lighting



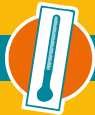
- Switch off lights when you leave a room.
- Only switch on the lights you need.
- Use compact fluorescent lamps (CFLs) instead of traditional bulbs - they use only 20% of the energy and last up to 10 times as long.

Home entertainment and electronic equipment



- Switch appliances off rather than leaving them on standby. This will save up to 20% of your appliance's energy use.
- Configure your computer to 'Energy Saving' mode.
- Unplug your mobile phone and digital camera chargers when equipment has been charged.

Heating and hot water



- You should avoid using your immersion heater to heat water. If possible, use your central heating boiler instead.
- Wash full loads as it is more efficient.
- Fit a lagging jacket on your hot water cylinder to keep water hot for longer.
- If using electric heaters, fit with thermostatic controls.

Kitchen



- Washing at lower temperatures is more energy efficient.
- Don't overfill your kettle - only boil as much water as you need.
- When buying new kitchen appliances, choose 'A' energy rated appliances as they cost less to run.
- When using your washing machine or dishwasher, wash full loads as it is more efficient than washing two half loads.

For more energy efficiency tips visit www.sei.ie/yourhome



Save Electricity and Save The Environment

As everyone knows, getting caught in "rush hour" road traffic means your car is not operating efficiently – fuel is wasted and emissions rise. The same applies to the "rush hour" in electricity use. Between 5pm and 7pm demand rises very sharply. To meet this peak demand, less efficient power stations must be brought into operation. Being as energy efficient as possible, particularly during these hours will help reduce unnecessary CO₂ emissions and therefore help combat climate change.

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